

# Adult Learning



## Support your Workforce to Upskill

English, Maths or Digital - Free Courses  
Adult Learning can help

### Good levels of literacy and numeracy can be good for business

Clear communication, reliable record-keeping, accurate calculations and confident workers can support your workforce to fulfil their potential. You could:

- Call us to find out more
- Signpost your employees to our service
- Consider training in work

### The Right Course

We help all our learners to find the right course to meet their needs.

### Support

We support all our learners to find the right level of course. We then offer support every step of the way.

### Other Options

We would like to encourage life-long learning. Could you? Research shows it can support health and well-being - as well as the obvious benefits of upskilling - and that could have benefits for us all.

#Relearn

#Reinvent

#RediscoverLearning



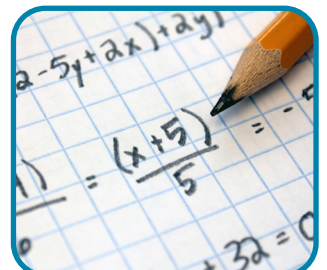
## Our learners say:

### Take that first step

*"When I joined the class, my Tutor Becky made me feel so welcome. I was at Entry Level 3 in English in my Initial Assessment. I studied the course for five months and gained my Entry Level 3 qualification in ESOL. With Becky's encouragement I went on to study and achieve Level 1 English. Attending the classes has also helped me to gain my confidence and I then progressed onto GCSE Maths and Level 2 English".*

### Building Confidence

*"I have learned much more vocabulary and different ways of saying things. I have learned the right words to use and how to put a sentence together. I have learned about nouns, verbs and adjectives. I feel much more confident speaking English now". Our learner is now looking to use her Functional Skills English qualification to further education or to find a job."*



## Contact us

Why not contact one of our centres and have an informal chat to find out how we can help?

- Adult Learning in Allerdale  
Tel: **01900 706023**  
Email: **allerdaleadultlearning@cumbria.gov.uk**
- Adult Learning in Barrow  
Tel: **01229 407630 / 07867 182841**  
Email: **barrowadultlearning@cumbria.gov.uk**
- Adult Learning in Carlisle  
Tel: **01228 227304 / 01228 227305**  
Email: **carlisleadultlearning@cumbria.gov.uk**
- Adult Learning in Copeland  
Tel: **01946 506416**  
Email: **copelandadultlearning@cumbria.gov.uk**
- Adult Learning in Eden  
Tel: **07468 709606**  
Email: **edenadultlearning@cumbria.gov.uk**
- Adult Learning in South Lakeland  
Tel: **01539 713257 / 07423 749511**  
Email: **southlakelandadultlearning@cumbria.gov.uk**



**adultlearning.cumbria.gov.uk**

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